

## THE SCHOOL DISTRICT OF EDGEFIELD COUNTY HEALTH EDUCATION INSTRUCTIONAL MATERIALS

### TEXTBOOKS

*Health and Fitness*, Harcourt Publishing

*Glencoe Teen Health* Courses Volumes 1-3 by Brunson, Cleary, and Hubbard

*Medical Terminology A Living Language* by Fremgen and Frucht, Pearson

*Diversified Health Occupations*, 7<sup>th</sup> Edition, by Simmers, Simmers-Narker, and Simmers

*Essentials of Human Anatomy and Physiology*, Pearson

### SUPPLEMENTAL MATERIALS

Scott & White's *Worth The Wait Wellness and Sexual Health* by Patricia Sulak, MD  
[www.worththewait.org](http://www.worththewait.org)

Good-Touch/Bad-Touch®

Health Studies Weekly (Weekly Newspaper published by Studies Weekly)

SNAP-Ed – Program Contact: Josh Hobbs, Nutrition Educator, SNAP-Ed/Clemson University, Youth Learning Institute.

Totally Awesome Health by Meeks and Heit

*What Makes Me Healthy* by Nat Sui

*Motion and Energy at Play* by Mary Spann, Macmillan/McGraw-Hill

*How to Teach Nutrition to Kids* by Connie Evers

Hand Cleaning Unit by Johnson & Johnson

Sexual Assault and Sexual Abuse Prevention – Instructional Units and Resources found on the State Department of Education website -  
<http://www.ed.sc.gov/scdoe/assets/File/instruction/standards/Health/Erin's%20Law%20Instructional%20Units%20and%20Resources.pdf>